

APPETIZERS

Spicy Sausage Dip | **\$9.95**

Spicy Chorizo sausage with garlic, parmesan cheese, and fresh cream. Served with toasted whole grain pita wedges.

Wine Mussels | **\$7.95**

Steamed in garlic and wine.

Mussels Provencal | **\$9.50**

Steamed and tossed in a creamy herbed reduction. Served with garlic toast.

Stuffed Mushroom Caps | **\$8.95**

Lobster and cream cheese stuffing.

Potato Skins | **\$7.75**

Thick cuts of potato skins with cheese, green onions, red and yellow peppers and Bacon bits. Served with sour cream.

Fries, Dressing and Gravy | **\$5.25**

A staple in Newfoundland.

Fried Mushrooms and Zucchini **\$6.25**

Lightly battered and fried, served with sour cream.

Chicken Wings | **\$10.75**

Buffalo chicken wings in our own breading, tossed in your favorite sauce.

Nachos | **\$11.95**

Three cheeses, green onions, black olives, tomato, red and yellow peppers, salsa and sour cream, served on whole wheat chips.

Perogies | **\$6.25**

Choose spinach, feta, and potato, or refried bean and jalapeño.

Quesadilla | **\$8.25**

Homemade pico de gallo and diced chicken with asiago, cheddar and mozzarella cheese in a floured tortilla.

Baked Goat Cheese | **\$9.95**

Served with red pepper jelly and toasted pita wedges.

Bacon Wrapped Scallops | **\$9.95**

Six large scallops wrapped in bacon and charbroiled on an open flame.

SOUPS & SALADS

add a pan seared chicken breast to your salad for \$3

Seafood Chowder **\$4.95 | \$8.95**

A mixture of fresh Atlantic seafood.

Spinach Salad **\$4.95 | \$8.95**

Baby spinach, sliced strawberries, sunflower seeds, mushrooms, egg slices, mozzarella and our own warm dressing.

Rock Bottom Salad **\$4.25 | \$7.95**

Variety of fresh vegetables and fruits with your choice of dressing.

Butternut Squash Soup **\$4.45 | \$5.95**

With a hint of maple and sour cream drizzle

Soup of the Day **\$4.45 | \$5.95**

Our chef's daily creation.

Caesar Salad **\$4.95 | \$8.95**

Crisp romaine lettuce topped with croutons, bacon bits and Parmesan cheese, tossed in our very own Caesar dressing.

Traditional Greek **\$4.95 | \$9.95**

Tomatoes, onions, cucumber, green pepper, feta, Kalamata olives tossed in an oregano and olive oil dressing.

SANDWICHES & BURGERS

Served with your choice of fries, baked sweet potato fries or roasted potato.
Substitute your choice for any salad or cup of soup for \$2.25.
All sandwiches are available gluten free, just ask your server.

Pulled Pork | **\$9.95**

Tender pork with our own sauce.
Served on a fresh roll.

Turkey & Cranberry Panini | **\$8.95**

Thin sliced turkey breast with lettuce,
cranberry sauce and mayo.

Rockbottom Burger | **\$8.25**

100% pure beef patty with lettuce,
onions, tomato and pickle. Served on a whole-
wheat bun.

Extra Burger Toppings | **\$0.75**

Add jalapeños, mozzarella, Swiss cheese, Cheddar,
mushrooms, or bacon to your burger.

Panini Club | **\$9.95**

Sliced turkey, lettuce, tomato, bacon and mayo.

Turkey Avocado Burger | **\$10.75**

Ground real turkey with sautéed onions,
thick slices of avocado, Swiss cheese, bacon,
tomato, lettuce, and cranberry mayo.

Teriyaki Chicken | **\$7.95**

Mozzarella, spinach, red onions, and tender
chicken with our own teriyaki sauce grilled
in a tortilla wrap.

Chicken Souvlaki | **\$7.95**

Tender strips of chicken with red onions,
tomato and tzatziki sauce, wrapped in a pita.

MAINS

* Items are served with your choice of fries, baked sweet potato fries or roasted potato.
Substitute your choice for any salad or cup of soup for \$2.25.

Tenderloin * | **\$19.95**

7 oz Tenderloin steak grilled over an open
flame with our own special seasoning.

Striploin Steak * | **\$19.95**

8 oz AAA New York Striploin served with
sautéed mushrooms, and peppercorn gravy
on the side.

Haddock Almondine * | **\$14.95**

Fresh Atlantic Haddock, breaded and
grilled. Topped with sliced almonds.

Stuffed Haddock * | **\$14.95**

Fresh Atlantic Haddock stuffed with a
lobster and cream cheese mixture.

Fish & Chips * | **\$10.95**

Two pieces of fresh Atlantic Haddock in a
tempura batter made with our own IPA.

Stuffed Pork Tenderloin * | **\$16.95**

With goat cheese and balsamic cherry sauce.

Chipotle Chicken Penne | **\$12.95**

Tender chicken strips, red peppers, Portobello
mushrooms, red onions and Chipotle garlic
sauce tossed with penne noodles.

Chicken Alfredo Lasagna | **\$12.95**

Mozzarella and Parmesan cheese with broccoli,
green onions and our own Alfredo sauce layered
between wide lasagna noodles. Served with a side
salad.

Kung Pao Chicken | **\$14.95**

Marinated chicken, Asian noodles, mixed
vegetables, crushed peanuts, and a spicy
Kung Pao sauce.

PIZZA

All our pizzas are available Gluten free, just ask your server.

Panzerotti | **\$8.95**

Spicy Italian sausage, mushrooms, red and yellow peppers, and mozzarella stuffed in a pizza pocket.

Pepperoni and Mushroom | **\$8.95**

Chris Brothers pepperoni and lots of fresh mushrooms with our own tomato sauce and topped with mozzarella.

BBQ chicken | **\$11.50**

Cheese, BBQ sauce, red onions, mushrooms.

Spicy Italian | **\$ 8.95**

Spicy Chorizo sausage , with red peppers, red onions, tomato sauce and Mozzarella. Served with ranch dressing on the side.

Vegetarian | **\$10.25**

Zucchini, red onions, mushrooms, sun dried tomato, mozzarella, and goat cheese feta.

Euphoria | **\$9.95**

Herbed tomato sauce, grilled chicken, spinach, Portobello mushrooms, red peppers, caramelized onions, and mozzarella.

Thai Pizza | **\$10.25**

Tender strips of chicken with grated carrots, sesame seeds, green onions and mozzarella with our spicy Thai sauce.

DESSERTS

à la mode \$1.50

Apple Crisp | **\$6**

A warm blend of fresh orchard apples, oats, cinnamon and brown sugar baked to perfection.

Blueberry Crumble | **\$6**

A homemade Maritime favourite.

Warm Gingerbread | **\$6**

Made in house and drizzled with a lemon vanilla sauce.

Warm Brownie | **\$6**

Fudge filled centre garnished with whipped cream.

